



The instant facelift

Henley Life's Vivienne M. Clark chats to Lynn who is in her early fifties and has recently undertaken a face threading session at the Henley Clinic with Dr Kate Goldie.

This proven treatment is being hailed as a great way to lift and tighten skin and maintain volume.

Henley Clinic's highly qualified medical doctors offer the acclaimed Silhouette Soft Thread Lift, a non-invasive facelift using Polydioxanone material, or PDO threads which are also used for surgical stitches.

There is an immediate lift and the material continuously stimulates collagen production within the skin, so the results improve over time.

When inserted into the skin the threads act as a scaffold, holding it up against the effects

of gravity. The threads are re-absorbed over four to six months, while the newly created skin structure will hold for another 18-24 months.

Q: Can you tell us about your experience and share any concerns you had?

A: My concerns were how thick would the threads be and would it be painful. Dr Kate Goldie explained the full procedure and explained how fine the threads were. I was happy that I was in the hands of such an experienced cosmetic doctor, I felt completely reassured.

During the consultation Dr Kate asked what bothered me and my big issue was the deep lines around my cheeks and nose. I am in my early fifties and although face creams and fillers can help, in recent years much to my dismay, I've noticed that my skin quality has also deteriorated and I was beginning to look tired all the time.

A local anaesthetic was administered and I lay back for the 45 minute procedure. During this time I felt relaxed and any discomfort was minimal.

I did not want my husband to find out what I had been up to and I had wondered about swelling or unnatural lumps. In fact it was truly remarkable that I could head straight back to work. My face did feel tender to the touch for the first day. However three days

later I was not sore at all and recovered quickly with no side effects.

Q. What were the results?

There was an immediate lifting effect, but the results were still natural enough not to be obvious, even to my husband. It seems quite incredible that after four weeks my skin was so smooth and glowing. The quality of my skin just keeps improving. I'm wearing less make-up than I have in years.

The compliments have been coming since day one – most people comment on how rested and fresh I look. I'm delighted with how natural my face looks and my skin is beautifully lifted where I wanted the lift, it's been a huge confidence boost.

Q. Would you recommend this treatment and what kind of results should people expect from a one-off procedure?

Yes absolutely for both the instant and the long-lasting results which Dr Goldie told me can last for up to two years.

Dr Goldie's biography is available on the clinic's website. Go to www.henleyclinic.co.uk to view the spectacular results on a number of patients following this revolutionary treatment. Call the Henley Clinic on 01491 573344 for further information or to book a free and without obligation consultation.



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Illustration of thread positioning
Lifts cheeks and reduces lines between nose and mouth

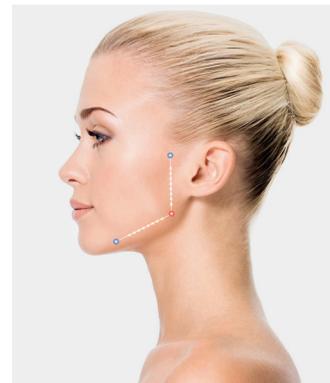


Illustration of thread positioning
Lifts lower cheeks, chin and jowls

The Medical Team is available for free and without obligation consultations

For more info Call us on 01491 573344

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