

HENLEY CLINIC

www.henleyclinic.co.uk enquiries@henleyclinic.co.uk

01491-573344

Medical Treatments Overview

BTA Injections

Is commonly used for upper section of the face; glabellar (between the eyes) crows feet (side of the eyes) and forehead. Following a consultation the injectable procedure is short and you will see partial effect of the wrinkles lightening and/or disappearing after two to three days with full effect of the smoothing of the wrinkles after five to seven days.

Dermal Fillers (For lines and wrinkles)

Used for treatment of facial wrinkles primarily lower face and lip enhancement. As our skin loses some of its elasticity and begins to look more wrinkled, cosmetic dermal fillers help to restore our skin to its former youthful appearance. The fillers we use come in differing thicknesses, the choice of these depend upon if you have superficial or deeper lines to smooth out.

Dermal Fillers (For facial and hand volumising)

Facial volumising fillers have more viscosity than the above line/wrinkle fillers to specifically target and address lost facial volume. Over time our skin loses its full youthful appearance, this is the result of the natural ageing process, causing lines and wrinkles, but more importantly fat tissue which maintains the fullness of the face is also lost and/or reduced causing the face to look drawn, narrow or even haggard. Facial volumising will restore the fullness, making your face appear fuller with a more youthful natural look and supporting the reduction of lines and wrinkles.

BTA dermal fillers and volumising fillers are often used together to create the effect you are looking for.

Ultherapy (Ultrasound Lifting for face and neck)

Upper face (above and below eye area) lower face and neck, full face and décolletage

Ultherapy is an FDA cleared, non-surgical face and neck treatment that uses ultrasound to actually lift the skins underlying structure; this procedure also lifts and tones loose skin without any downtime. Ultherapy is the only treatment that can specifically target the deep foundation/scaffold below the skin without surgery and/or disrupting the skin surface. The depth where Ultherapy works is at the same level where a surgeon would perform a face lift. Ultherapy requires one single treatment.

Silhouette Soft Threads (Facial Tissue Lifting)

For forehead, cheeks, mid face lines, cheeks, jaw line, jowls and neck.

They are fully re-absorbable sutures that contain bi-directional cones, this simply means when these threads are injected into the area needing to be lifted, the cones will lift and smooth the tissue in that area resulting in an immediate lift and these threads also support the growth of extra collagen. As the threads are made of Poly-L-lactic acid which is extensively used in numerous medical fields (cardiology, plastic surgery) are completely re-absorbable so over time they are completely eliminated by natural process. The effects have been shown to last in excess of two years.

P.R.P. Platelet Rich Plasma

PRP is a revolutionary skin regenerating system that utilises the constituents of your own blood which is enriched in stimulating platelets. When injected back into the area of your face, neck and/or hands area's will produce increased collagen, improve skin quality over time and making your skin look tighter, younger, reducing the appearance of fine lines and wrinkles and overall, healthier and fresher looking skin.

Sclerotherapy (leg thread vein repair and removal)

A strong (salt) saline solution is injected into the damaged vein, the salt in this concentration causes microscopic damage to the cells lining the vein. The body's repair mechanism responds to this and proceeds to heal the vessel and in the process shrink or obliterate the vessel. Generally one injection session is required and is relatively painless.

Skin tag Removal

A quick and very effective method in removing skin tags, depending upon the skin tag size a suture may be required. The area is anaesthetised and gently removed with minute scalpel. Pain free and normal healing times will see the area heal completely, with generally no visible scarring

Hyperhidrosis (Excessive Sweating)

Botox can also be used very successfully indeed for the treatment of excessive sweating; the main area affected is underarms. Botox is injected directly into the armpits on one treatment session; partial effect is noted after first two to three days with full effect of no sweating after 5-7 days and can last from anything from 4-5 months up to and in excess of one year.

FULL DETAILED FACT SHEETS ARE AVAILABLE ON ALL ABOVE TREATMENTS

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Body Treatments Overview

Laser Hair Removal (Harmony Laser) (Course is required)

The Harmony Laser is the preferred treatment of choice to affect an efficient and painless end to the problem of unwanted hair. The laser successfully removes the hair follicles targeted completely. It does need a series of treatments over a period of months to fully remove the hair follicle. The laser system can be used on any part of the body or face where there is unwanted hair.

Endermologie (Cellulite treatment) (Course is recommended)

A unique treatment for controlling cellulite and reshaping the body, the Endermologie equipment manipulates the skin structures to improve circulation and facilitate detoxification. This specific manipulation eliminates/dramatically reduces the orange peel effect, resulting in toning and firming, giving you smoother skin and a slimmer more defined figure.

Skin Tightening (Harmony Laser Treatment) (Course is recommended)

The exceptionally effective and safe Harmony laser is a very efficacious treatment for skin laxity for the body and face. As we age the skin can become very loose and lax. The Harmony laser penetrates and heals your skin's inner layer without harming the surface. The laser light tightens tones and improves the look and texture of your skin. This can be used on all parts of the body, especially good for hands, upper arm loose skin, stomach, décolletage.

Swedish massage (Course is recommended and sheer indulgence)

A traditional deep muscle massage specifically designed with bespoke oils for your skin to relieve tension and release stress.

Reiki

Is an ancient healing art which channels "universal life force energy" hands on and distant relief in reducing blood pressure, pain relief, headache, backache, boosts circulatory and lymphatic systems and a definite stress relieving experience, this can also be experienced as sheer indulgent and/or totally relaxing for mind and body.

Reflexology

Is an alternative or complimentary form of medicine using the massaging of reflex areas found in the hands, primarily in your feet. It is certainly not a "cure all treatment" but numerous disorders have been successfully treated by this method, such as migraine, sinus, digestive, circulatory and back problems along with tension and stress relief. The therapy is most beneficial and thoroughly relaxing.

Tanning

Ultimate tanning treatment for face and body. We start with skin smoothing exfoliation followed by a deeply pampering application of award winning San Tropez self-tanning cream. Our tans give a long lasting golden colour that looks as good in winter as in summer. Suitable for all skin types.

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Facial Treatments Overview

Skin Tightening (Harmony Laser) (Course is required)

The Harmony laser is an extremely effective treatment for skin laxity for the face and body. As we age the skin can become very loose and lax. Harmony laser intense pulsed light penetrates your skin's upper layer without harming the skin surface, this method then induces skin collagen which tightens and improves the appearance and texture of your skin. This can be used on all parts of the face, specifically good for jowls, chin and cheeks.

C.A.C.I. Facial Muscle Toning (Course is recommended)

Is a revolutionary non-surgical facial muscle energiser that stimulates the facial muscles which has an immediate lifting and firming effect on the skin, redefining the contours of the face and reducing fine lines and wrinkles.

C.A.C.I. Ultra Muscle Toning Plus (Course is recommended)

State of the art equipment combines the lifting functions of the above treatment along with skin rejuvenation with gentle peel using ultrasound and diode photo stimulation, to accelerate skin tissue repair and enhance skin appearance, contouring the face with the CACI lifting abilities.

Permanent Hair Removal (Harmony Laser) (Course is required)

The Harmony Laser is the preferred treatment of choice to affect an efficient and painless end to the problem of unwanted hair. The laser successfully removes the hair follicles on a permanent basis. A series of treatments are required over a period of months. Lip and chin and/or full face can be treated

Skin rejuvenation and Vascular Lesions (Harmony Laser) (Course maybe required)

Unwanted marks such as pigmentation, benign vascular lesions, erythema, rosacea and broken veins can be safely and effectively treated with Harmony laser. The laser can also treat fine lines and wrinkles and mild acne. Leaving your skin rejuvenated – looking and feeling better with a more youthful look

Semi-Permanent make-up (Micro-pigmentation)

Semi-Permanent make-up is a revolutionary method to apply micro-insertions of natural pigments into the dermal layer of the skin similar to tattooing. Eyebrows, eyeliner and lip line once done can remain for up to five years. This can negate the need to apply eye make up every day and it will always look professionally applied. Imagine the possibilities, wake up looking good, stepping out of the shower, all areas perfect.

Environ Active Facial (Course is recommended)

This prescriptive facial focuses on the penetration of active vitamins into the skin using a combination of galvanic and iontophoresis currents. An excellent conditioning treatment for all skin types, especially sun damaged complexions.

Environ Cool Chemical Skin Peel (course is recommended)

Individually tailored treatment involves layers of Lactic Acid Vitamin A masque. An alginate masque is then applied through which a galvanic current is passed. The whole procedure speeds up growth of epidermis cells and leaves skin feeling cool and looking thoroughly refreshed.

Guinot Hydradermie (Course is recommended)

A facial with visible lasting results for all skin types, Skin is cleansed and exfoliated, then a gentle galvanic current carries the active plant based ingredients deep into the skin. The final facial massage and mask leaves the skin fully cleansed, balanced, glowing and totally relaxing.

Guinot Hydradermie Plus

A luxurious facial treatment! This incorporates specific formulations to smooth and relieve fatigue around the eye area whilst firming and strengthening the delicate neck and décolletage together with a relaxing hand and arm massage.

Microdermabrasion (Course is recommended)

Is a very effective, gentle and pain free method for long lasting skin rejuvenation. The finest micro-crystals gently remove dead skin cells, which promote cell regeneration, leaving the skin looking younger, more radiant and fresher. It will also reduce skin imperfections.

FULL DETAILED FACT SHEETS ARE AVAILABLE ON ALL ABOVE TREATMENTS

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*Interest free finance plans are available
Just ask at reception or phone and/or e-mail us.*

Do you require a combination of treatments?

Bespoke combination treatment packages/courses relating to your specific needs, desires and treatment timing plans can be formulated by our medical and/or skin care experts at special multiple course prices.

Full detailed fact sheets are available on majority of treatments

Gift Vouchers are available at reception

Henley Clinic stock an extensive range of the following skin care products, these can be purchased in clinic or by phone and we will ship to you

Environ Skin Care

Guinot

Jan Marini

Jessica Nail polishes and nail care

If you wish to recommend a new client/patient to the Henley Clinic, please take one of our referral brochures and receive 10% discount on your next treatment at the Henley Clinic

All consultations are free and without obligation

All appointments will be confirmed 24-48 hours prior to your appointment

MINIMUM 24 HOURS NOTICE IS REQUIRED FOR ANY APPOINTMENT CANCELLATIONS, OTHERWISE A 50% FEE OF THE BOOKED APPOINTMENT MAY BE CHARGED

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